



Charlie Banias Margaret Obolenski School Captains

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Learning To Live Together



Deborah Harman Principal

PRINCIPAL'S PERSPECTIVE

Gala Soiree – A night of excellence again

Last week we were thrilled to be given the opportunity to enjoy an outstanding Gala Soiree in the David McGrail Theatre. The Music Faculty – led superbly by Teaghan Gibson (Director of Music), Melanie White and Emily Caracella, (Assistant Directors of Music), and Udari Kodituwakku (President, Parents and Friends of Music) – are to be congratulated for their organisation and their support of our students and staff for this highly anticipated annual evening – and the superb supper! This opening event for the Music Learning Area was very



much appreciated by all in attendance and I congratulate all of our wonderful instrumental and vocal performers.

Undoubtedly two of the highlights of the evening involved the return of 2022 Alumni, Hiu Sin (Hillary) Cheng, (Viola), and Contemplation (Stage Band). Both were wonderfully entertaining performances and clearly reflective of the strong bonds that are maintained by our alumni with their former music mentors at Balwyn High School.

I strongly encourage you to support all of our future music events as the upcoming concerts over the next three terms always delight our audiences and provide our students with many different opportunities to demonstrate their skills and passion for music.





2023 School Council Election Results

Following our recent School Council ballot, I am delighted to announce that the four Parent representative vacancies have been filled by:

- Bill Young
- Christian Bretmaisser



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PRINCIPAL'S PERSPECTIVE Cont.

- Jing Zhang
- Pascal Simonetta

I wish to particularly thank the families who cast ballots to determine the final composition of Council for the next 12 months. Council Executive positions were decided at our meeting on Wednesday night and I congratulate:

- President Lazaros Zikou
- Vice President Kenny Tran
- Treasurer Chris Divitcos

With the conclusion of the election process we farewell with great appreciation four highly valued and committed Councillors – Grant Roberts (President 2020-2023), Reet Virk (Community Member), Lachlan Ellis (DET Employee) and Ranisha Devadason (Student). Thank you sincerely for your contributions.

I take this opportunity to acknowledge for a final time the remarkable support and leadership that Grant has provided in his terms as School Council President. He played a pivotal role in chairing the subcommittees that ultimately determined the naming of B and C Wings as the Deborah Harman Centre for Learning and wilam-nganyin (Our Place). Equally his expertise and industry experience has been critically important throughout these building projects as well as our plans for the expansion of the David McGrail Theatre.



Grant's written contributions to our Buchanan

yearbooks and our Presentation Night programs have shared his pride for Council's work with our school community, as well as his appreciation of the dedicated work of the Leadership Team and staff to continue to enhance the educational experiences of our students.

Grant's two children have now graduated from Balwyn High School but his influence will remain. He, along with other School Council Presidents, will be invited back for our Platinum Jubilee Celebrations next year. Thank you Grant from a very grateful Principal and School Council.



Past School Council Presidents with Deborah Harman Debbie McLennan, Warren Davey, Grant Roberts & Steven de Jong

Deborah Harman | Principal









Andrew Corr
Assistant Principal



Tegan Knuckey
Assistant Principal



Julien Escurat
Assistant Principal



Hamish Anderson Assistant Principal

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ASSISTANT PRINCIPAL'S REPORT

Learning To Live Together

Instructional Coaching for Staff

At Balwyn High School we pride ourselves on our continuous drive for improvement in all areas. As a school, where improvement in student learning outcomes inherently rests on what is happening in the classroom, enhancing teacher instructional practice is a key focus. In 2023 our Instructional Coaching program for teachers, led by Director of Pedagogy Jennifer Jones, and her team of nine Learning Specialists, is in its fifth year. All teachers across the school, no matter their level of expertise and experience, have the opportunity to be involved in instructional coaching. As a result of this program, your child may notice another teacher in their class who looks like they are assessing the classroom teacher. Instructional coaching, however, is not about assessing and judging but rather about observing and then conversing about what is happening in the classroom and why. It is one of a number of ways our teachers are able to get feedback on their instructional practice as they work to refine their craft.

Progress Concerns

Progress Concerns are communications to parents/carers on behalf of classroom teachers by the Student Learning and Wellbeing Managers. A progress concern is typically lodged when a classroom teacher notices a student is not completing multiple learning activities or, not engaging to their full potential in the class, impacting the teacher's capacity to evaluate learning progress.

Everything students say, make, do, and write is an opportunity to show their teachers what they know and understand. When students do not complete set learning activities or appropriately engage in the classroom, teachers are unable to understand a student's learning progress and provide feedback. Therefore, the progress concern communication is intended to provide an overview of the learning activities missed and learning behaviours which have impacted on students demonstrating progress. On receiving a progress concern email, families are encouraged to demonstrate curiosity in conversations with their child. Some tips for discussing progress concerns are outlined below.

Parents/carers should:

- Remain calm and speak with curiosity, rather than judgement.
- Share the communication with their child and ask for their reflections
- Use Compass lesson plans to navigate to the learning activities or ask their child to share the lesson (Student SharePoint, One Note, Microsoft Teams)
- Refer to the Compass Continuum (7-10) to link the learning activities to key skills and knowledge from the curriculum (where possible)
- Ask their child about their approach to learning in the subject
- Support their child to establish an at-home learning routine, with positive accountability measures.
- Engage with the classroom teacher or SLWM should they notice anything additional about their child's learning and/or wellbeing around the progress concern
- Promote positive approaches to 'bouncing back' to enhance efficacy around learning.

Should you wish to seek further support on how to have conversations with your child around Progress Concerns contact the Student Learning and Wellbeing Managers or Sub-School Directors.

Progressive Achievement Testing (PAT) results on Compass

The Compass Platform enables parents/carers to access PAT data. To understand the data, families should access the relevant document in 'School Documentation' under the 'Community' tab. The folder is labelled 'Understanding PAT Scaled Scores'. Whilst ACER provides schools with the testing tools and indicates an 'Australian mean' score for the test, they do not indicate, like NAPLAN do, anything like a National Minimum Standard. Parents should view the data as being taken at a 'point in time' and consider it alongside other available, relevant data like NAPLAN and Victorian Curriculum Teacher Judgement.

PAT Reading and PAT Maths are undertaken at the start of each year by our Year 7 students and Year 8-10 students who are new to the school. At the end of each year, all students in Years 7-10 complete both tests again.





ASSISTANT PRINCIPAL'S REPORT Cont.

Smart Watches

Smart watches are not to be worn at school as they fall under the definition of a mobile phone in the Balwyn High School Mobile Phone Policy – this is because they can transmit or communicate data and information, either through the internet or Bluetooth Technology. Many smart watches look like regular watches but they can in fact link to a mobile phone, make calls, connect to Apps, as well as tell the time; it is therefore not appropriate that they are worn at school. Students have other means you which they are able to tell the time, including their laptops and other screens around the school.

Students leaving school before the end of the day

Balwyn High School is a busy place with 2300 people on-site each day. Therefore, finding students at short notice, especially if it is recess or lunchtime can be very challenging. If you need to pick your child up early from school, there are some actions you can take to ensure the process is smooth.

- Enter the details regarding the early pick-up, including the reason and time, onto Compass before school. You can do this on your phone, computer or at the Compass Kiosk in the BHS administration area.
- Ask your child to see their SLWMs before school so they can get an early leavers pass. They show this pass to their teacher (if leaving during class time) or the front office (if leaving during break time) when they are leaving school.
- If you cannot get onto Compass, send your child to school with a note about leaving early.
- Ask your child to take the note to their SLWMs before school so they can get an early leavers
 pass. They show this pass to their teacher (if leaving during class time) or the front office (if
 leaving during break time) when they are leaving school.
- If you are not able to do either of these actions and need to urgently collect your child, you can email balwynhs@balwynhs.vic.edu.au to give them short notice of the pick-up and they can support the location of your child prior to your arrival.

NAPLAN Commencement

Year 7 and 9 students commenced NAPLAN on Wednesday 15 March. Students have undertaken a range of practice tests in their English and Maths classes to support navigating the online system. Students who are absent from NAPLAN can participate in catch-up tests on Monday 22 – Tuesday 23 March.

Term One - Parent Student Teacher Conferences

We are looking forward to Parent Student Teacher Conferences returning to onsite in the last week of Term 1 on Wednesday 5 April. Conferences will run from 11am to 6pm and will be available for booking from 4pm on Monday 27 March. We received very positivise feedback on our WebEx conferences and we are planning on conducting our Semester 2 Conferences remotely to support those families who have difficultly attending on site. Please monitor your Compass Newsfeed for further information.

Victoria Police Launch STOPIT

We have been notified of a new service called STOPIT that Victoria Police are implementing to support the safety of public transport users. STOPIT is a Victoria Police text notification service enabling commuters, including school students, to report any form of inappropriate behaviour that makes them feel uncomfortable, frightened or threatened on the public transport network.

The STOPIT service enables commuters to use their mobile phone to promptly, easily and discreetly report inappropriate behaviours.

To use the service, commuters simply text 'STOPIT' to 0499 455 455. This triggers an automated response that includes a link to where the commuter can provide more details about what's just happened. When people report these types of inappropriate behaviours, police can investigate and identify offenders to improve safety on public transport for everyone.

Parents and carers are encouraged to consider discussing the new service with students who travel on public transport. Students who use mobile phones outside of school hours are encouraged to save the STOPIT number in their mobile phone. Please note, STOPIT is for reporting non-urgent incidents on public transport. Always phone 000 in an emergency.

Andrew Corr, Tegan Knuckey, Hamish Anderson and Julien Escurat | Assistant Principals









Peter Thomas
BHS Alumni 1957 - 1962
Hall of Achievement
Inductee - 2014

ALUMNI SPOTLIGHT

Learning To Live Together

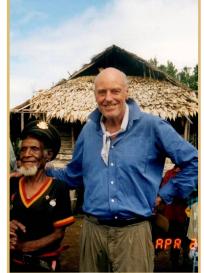
Peter Thomas
BComm FCA
Chartered Accountant, Tax Specialist

It is with mixed feelings that I note Balwyn High School is celebrating its 70th year next year - especially when a quick calculation tells me that 67 years ago my secondary schooling began at Balwyn – almost a lifetime. Balwyn, and Deepdene before that, provided the foundation for so much which has happened and is still happening, in my life.

When I was honoured to be invited to be one of the first inductees in the School's Hall of Achievement in 2014, I spoke about my career as a Chartered Accountant with one of the Big 4 Accounting and Advisory firms as well as my involvement on a number of Government boards.

Balwyn played a role in my career choice, but, for me, the school's more important role was the opening of doors, introducing me to the wider world, and to interests, some of which I have pursued throughout my life. The values which have guided me were instilled at home but were tempered, reinforced, and expanded by the influences which were present at Balwyn, in the school's formative years.

In retirement I have had the time and, thankfully, the energy, to explore and develop many of these interests further. The environment has been an abiding interest, and the basis for wonderful trips for my wife and me – the Galapagos Islands, the Atacama Desert; Ningaloo Reef; the Kimberley; Kakadu and



an amazing trip through the National Parks of the USA with American friends who had been deeply involved in the US Parks Service. Closer to home I was a Board Member and Governor of WWF (World-Wide Fund for Nature) for 25 years, and an inaugural Director of The Australian Solar Institute whose remit from the government was to support the development and use of solar power thereby reducing the country's reliance on fossil fuels.

My interest in Indigenous matters has also occupied time in retirement. I have enjoyed contributing as a member of Federal Government boards tasked with promoting the participation and celebrating the successes of Indigenous men and women in business and commerce. I have learned so much. The success of the upcoming Voice referendum should be another important step forward in addressing the inbuilt disadvantage experienced by our First Nations people.

American history is an interest which has revived and developed during retirement. Our American friends, who we met, serendipitously, in a B&B on the west coast of New Zealand, are well credentialled, award winning authors of books about the westward settlement of America. We travelled with them through the extensive Native American lands in Arizona and New Mexico, with the opportunity to learn from and question one of the foremost authorities in the world. We compared and contrasted the ways Australia and America have sought to address, in more recent years, the systemic disadvantage of our respective First Nations peoples.

US politics has long been an abiding interest. I had always wanted to be in the US for a presidential election. Maree, my wife, and I spent four weeks in the US in the lead-up to (and the immediate aftermath of) the 2016 election. During this time, we visited seven of the Presidential Libraries (covering most of the period from FDR to George Bush the younger). A library reflects on the events a president confronted during his (sadly no hers yet) term in office. We also spent a full day at the memorable US National Civil Rights Museum in Memphis.





ALUMNI SPOTLIGHT

Learning To Live Together

And to top off a wonderful (well, apart from the election result) trip, we spent time with, in New York, Brian Stagoll (another inaugural member of Balwyn's Hall of Achievement and another member of the Class of 62) and his wife Onella.

We both just happened to be in NYC at the same time.



My favourite subjects at Balwyn included German and Modern History. My interest in the German language, the country, its history, and its people has been lifelong. Teachers John Martin and Mrs (Angela) Miller can take much credit for this. They would be delighted to know that I have over the years visited Germany many times and, through WEA, am taking weekly classes in the German language. A great way to meet people and it's a constant challenge!



Having lived in Sydney since 1971, my family follow closely the Sydney Swans, using away matches in Melbourne and elsewhere to catch up with friends. Maree and I were honoured to be joint Number One Ticket Holders in 2014.

I swim or walk daily which seems to keep me well and I have concluded that a full, interesting life in retirement results from taking advantage of opportunities which present themselves, using skills developed, and remaining curious.

I am now 78 years old. I love my family and my friends and think, indeed know, that there are many good times still to come.

I hope you have enjoyed reading about my journey as much as I have enjoyed writing it.

Peter Thomas | BHS Alumni



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Justin HongDirector of Senior School



Amee Duncan
Assistant Director of Senior
School

SENIOR SCHOOL REPORT

Learning To Live Together

Celebrating the Term so far

In Term 1 Senior School students have experienced an array of activities some of which include the; Senior School Sports Round Robin; Student Leadership Training; Outdoor and Environmental Studies Sea Kayaking and Coastal Camps; the Gala Soiree; and the Year 12 House Competition of Handball. Although this is not the exhaustive list of all the events so far this term, it does demonstrate the range of activities that students have participated in to broaden their understanding of concepts studied in class, to demonstrate their diverse abilities, to appreciate the talents of other students, and to continue building the connections and belonging that embody our Pillar of Learning this term – Learning to Live Together within the Balwyn High School community.

We were exceptionally proud of the Senior School students at the recent Swimming Carnival with the levels of attendance and community spirit a testament to the commitment our students make to each other. It was wonderful to see students organise fun activities for all to join in with, and to witness the support for those participating. A few of our Year 12 students have since reflected on the day further down below.

Ahead on Thursday 30 March, we look forward to another celebration of student's athletic ability, determination and commitment at the School Athletics Carnival. This carnival provides students with another opportunity to demonstrate their pride and support for each other, to showcase their physical prowess, and to continue developing that connection within their cohort. The senior school team is certainly looking forward to another display of pride and spirit from the students.

Our last swimming carnival

Splish, splash and sploshing our way into a joyous start to year 12. We started off the morning bright and early, the excitement was unmatched. Everybody arrived looking fantastic in their last-minute iconic duos and group costumes after a week to prepare. Some of the highlights this year include the Wiggles, the Bondi rescue team, Mario and Luigi, Sophia Grace and Rosie, and Mean Girls. The day started off with many group pictures to capture the memory of our very last swimming carnival – a bittersweet day. All the year 12s then paraded through the other year levels and teachers to music and cheers. The bombing competition was a hit along with the year 12 battle ball match. The year 12 spirit was high as we wrapped up a wholesome day. We thank the teachers and house captains for the effort they put in, allowing us to celebrate our final school year.

Lulu Wilson, Tamara Scott and Marnie Frazer | Year 12



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SENIOR SCHOOL REPORT Cont.





Accessing Information from the Victorian Tertiary Admissions Centre

Much information about pathways have been provided to students and families via the Tutorial Programs and Information Nights so far. As the end of Term 1 draws nearer with the holidays approaching, now is a fantastic opportunity for students to find out more about what they would like to do after high school and for parents to support them in their thinking.

The VTAC website offers very comprehensive information on pathways and is an excellent place to start searching. It has a Course Search function in which students can find information relevant to each course, including career opportunities, fees, ATAR requirements and admission criteria. The VTAC website also has links to upcoming events such as open days and information evenings organised by tertiary institutions. Students and parents may refer to the VTAC guides tailored for Year 10, Year 11 and Year 12. These guides help students to evaluate their strengths and interests, setting short-term and long-term goals, researching and selecting courses ahead.

Year 10 Pathways

With the fully elective curriculum at Year 10, students have been able to try a broader range of new subjects while specialising themselves before they start VCE. This reinforces the importance of starting to think about post-school pathways as early as possible, and the Year 10 programs occurring in Term 2 have been designed for this purpose. Students are currently finalising arrangements for Work Experience and many of them have already secured placements in areas in which they aspire as a career. Work Experience is anticipated to offer students a genuine insight in a professional domain of interest. Following from Work Experience, the Year 10 Careers Expo will take place in July, with displays from many different tertiary education providers. Students will be able to gather information and ask questions. It is important that students have reflected on pathways and careers by the time they complete their Year 11 Course Selection in August in order to make well-informed choices.

VCE Scores

The VCE students have shown much interest in finding out more on how scores are calculated by VCAA and VTAC. Every score that is obtained in a Unit 3/4 study during the year, as part of coursework, is submitted to VCAA and moderated. In moderating those internal scores, VCAA heavily considers how students perform, as a cohort, in their end of year examinations. For this reason, students should view each assessment throughout the year as opportunities to progress in order to maximise their performance at the end of the year. Besides, the students should consider the importance of the collective performance in the process of moderation and therefore support each other in their learning. Further information is available on how to calculate a study score via the VCAA website and how to calculate an ATAR via the VTAC website.

Justin Hong | Director of Senior School

Lion of the Week Awards

We are thrilled to announce our first Lion of the Week Awards. As announced in the last edition of The Lion, these recognitions are given to Senior School students, who have demonstrated the values of the school in various ways. The students can be nominated by their teachers, peers, or by the Senior School Team.



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SENIOR SCHOOL REPORT Cont.

Aria | Year 12

Week 6



Aria received the Lion of the Week after being nominated by her peers for her amazing contributions to the Swimming Carnival. On the day, Aria tirelessly advertised the events of the day and helped to ensure that all students were engaged.



As a new student to Balwyn High School, Braden has assimilated to the school community seamlessly. Braden will often go out of his way to ensure that other students feel connected to the community. This may be by offering them to sit with him during break times or talking with them about their hobbies and interests.

Braden | Year 11



Melina I Year 12

Melina received the Lion of the Week after being nominated by one of her classroom teachers. Melina often will help others in class, and always participates in class activities. Melina volunteered to thank author Toni Gordon for their talk, given to the Year 12 EAL students, on their creative writing process.



Winter I Year 11
Winter was nominated for The Lion of the
Week by members of Student Services.
Winter will often assist staff during busy
lunch times, to help prepare lunches for
other students.

Week 7



Margaret was nominated for this award by one of her classroom teachers Margaret has received this award for he engagement with class discussions, and the way that she leads students in he class to engage with the activities during their lesson.

Margaret | Year 12



Rita was nominated for Lion of the Week by one of her peers for her amazing efforts with the Interact Committee at the Swimming Carnival. When an issue arose, Rita was quick to suggest a solution and proactively helped with the set up and running of their stall on the day.



Derek | Year 11

Derek was nominated for this award by the Senior School Team for his reflection of how he studies. He is the first student contributor for our Senior School Studies Section, which you can read about below. Derek is receiving this award for his outstanding reflection on his study tips.

Senior Study Skills Section

This year, we are asking Senior Students to share their study tips with their cohort. Each fortnight, we will share the reflections of one student of what they are doing and how it is working for them. If you are a Senior School student and you want to share your tips, or if you have witnessed one of your peers using a technique that you would like more information on, please get in contact with a member of the Senior School Team.

First up we have Derek Li sharing his reflections on the way he approaches his study including the use of Power Planner.





SENIOR SCHOOL REPORT Cont.

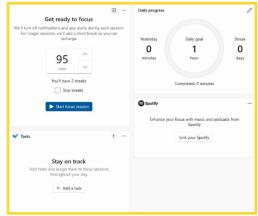
Having worked through my way through Middle School and now partway through Senior School, I believe that always refining, improving and changing study methods to suit you is everyone should be aiming for. Not everyone finds success in the same form of studying, so I encourage always trying new techniques and see if they work for you individually.

The best tip I can give, is to keep yourself healthy and in the best state of mind when you study, especially when you have an assessment the day after. I know staying up to cram might sound more effective than sleeping, but trust me, 8+ hours of sleep does wonders for your performance. Make sure you eat a good breakfast in the morning as well. Drink lots of water. Many people undervalue this step, but for me it has the biggest impact to my performance.

As someone who tends to have issues with procrastinating, I also find it good to sort out and prioritise work beforehand. By prioritising work that is due soon or of high importance, even if procrastination costs me some time, it guarantees that I at least have the important stuff done. The app I use is called Power Planner, but there are plenty others to choose from. I would say high importance work can be either a SAC, revision for any upcoming assessments, or work that is due soon. After that, I can begin chipping away at other work I want to finish.



The final thing I'd like to share is something known as the task-based work approach, where I focus on working until I get each individual item finished. I find it efficient as it allows for breaks in between tasks, and often ties in very well with a to-do list. On the other hand, some people find it more efficient to work in a time focused manner. This can involve working for a set amount of time such as 1 hour and taking breaks in between time periods. Using the Focus Session tab in your clock application works really well for this. Feel free to give either of these a try.



Overall, these are just some suggestions on a couple of ideas that you might like to try. Test them out, see if they work for you. The most important part is to always refine what works best for you. Best of luck with your work!

Derek Li | Year 11

Amee Duncan | Assistant Director of Senior School







Chris Land Director of Middle School



Sylvie Tang Assistant Director of Middle School

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MIDDLE SCHOOL REPORT

Learning To Live Together

Middle School Matters!

Solidifying our partnership with parents and carers

During Weeks 6 and 7 we had the pleasure of hosting Parent Information Nights for parents and carers of Year 7, 8 and 9 students. One of our goals for these sessions is to establish ourselves as key stakeholders who are invested in their success within and outside of school. These sessions also provide a meaningful opportunity for us to connect with the families of our Middle School students and provide families with an insight as to what their child's experience at school is like, whilst affirming the role that families have in fostering a positive relationship with learning.

One of the reasons that students and families feel proud to belong to this school community is because of our culture of excellence. We are certainly proud of our VCE success and track record of academic achievement. But being a member of the Balwyn High School also means a commitment to personal excellence: being a respectful, moral and ethical member of the community who acts with integrity.

At the heart of our work is the aim of creating a learning environment where students feel psychologically safe in the classroom and beyond. This means that every student feels valued as a member of our school community, comfortable taking learning risks and confident to form respectful relationships with their peers. We know that building a psychologically safe environment for all community members requires the support of the people who know our students best: their parents and carers. It is for this reason that we look forward to the positive and productive relationships we have with all members of our community that is characterised by the principles inherent in our Statement of Values; respect, personal and professional accountability, open mindedness, and the priority that every voice is heard.

Year 9 - My Middle School Experience and Subject Selection

A significant component of the Year 9 experience is allowing students to explore a broad program that can inform decisions about subjects undertaken in Year 10.

In the most recent Year 9 Assembly, students in Year 9 obtained an insight and overview into the selection criteria for Early Entry VCE subjects. Notably, not all students are ready for, or need to undertake Early Entry VCE subjects in Year 10. There is not necessarily a correlation between high VCE results and Early Entry VCE participation for our Year 12 Honour Roll students. There is an incredible selection of electives that can support students to continue to explore their options as the move towards VCE.

As we look towards Morrisby Interviews and subject-selection opportunities for Senior School, it is important that all families are aware of the data sets that inform whether a student is invited to participate in an Early Entry VCE subject. Undertaking an EEVCE subject is very challenging and only a small percentage of students will be invited to select a VCE subject in Y10.

Data sets that are consulted in this process include:

- Victorian Curriculum Levels
- Victorian Capabilities data
- Learner Profile judgements
- Attendance data
- Behaviour inside and outside (within the community) of the classroom
- Progressive Achievement Test (PAT) Data

Year 8 SLWM Update

We are excited to share with you the incredible contributions that our students have made towards Project Rocket. We are proud of the positive behaviour demonstrated by our students during the guest speaker sessions and their active participation in various events.





MIDDLE SCHOOL REPORT Cont.

We would like to thank all the students who applied for the role of tutorial captains. As SLWMs, we are thrilled to have the opportunity to work with the newly elected tutorial captains for the rest of the year. Together, we will support our year 8 students in achieving their goals.

Looking ahead, we will be excited to announce the Term 1 Tutorial Competition in the upcoming weeks. We are confident that our students will rise to the challenge and display their exceptional skills. This event provides a unique opportunity for our students to showcase their talents and connect with their peers.

Binhui Tu and Jed Miller | Year 8 Student Learning and Wellbeing Managers

Student Transition and Enhancement Program (STEP)

STEP leaders have been actively supporting the transition of our Year 7 cohort. Throughout Term 1, STEP leaders have facilitated workshops through the Tutorial program on topics in relation to wellbeing, positive relationships and building leadership capacity. These workshops link to our Year 7 Year Level Theme of 'Our New Learning Community' and aspire to engage with the cohort in providing them with the best transition and enhancement experience. The STEP program also provides a fantastic opportunity for our Year 10 and 11 students to develop their leadership skills as well as role model positive attributes for the newest members of the school community. Some STEP leaders have been invited to reflect on their role so far and what they have gained or achieved through the opportunity of STEP.

Every time a Year 7 waves to me as I walk past them in the yard, I am reminded how great it is to be a STEP leader. Being a STEP leader has provided me with the opportunity to form meaningful connections with a range of year 7s and has allowed me to help guide them with their transition into senior school. In our first two STEP sessions, us STEP leaders have already talked to our year 7 classes about the benefits of joining clubs and committees, taught them how to use their laptops and provided our own tips about adjusting into high school. What is most valuable though is the friendships we form with them, and it feels good to know that I am someone who they know will support them with any concerns they may have.

Gilbert O'Shaughnessy | Year 10

As the year started out, I was quite nervous to meet so many new faces that were joining our Balwyn High School community. But I think it's safe to say that the year 7s were more nervous than me. The STEP program allows me to remember the good old days during my year 7. I was able to connect with the students' feelings of starting at a new school and meeting new people. We would play many games together while also going through important values and opportunities that we have at Balwyn High. Working with the year 7's this year is such an amazing opportunity for me, and I can't wait to continue spending time with them as well as helping them through their first year at Balwyn High. I am looking forward to making a space where they are comfortable to talk to us and their peers and to contribute to our community.

Meenu Pillai | Year 10

Given the immense enjoyment and connections I made in Year 7 with my STEP leaders, I jumped at the opportunity to be a STEP Leader to a Year 7 class this year. I am so thrilled to be part of Year 7S' high school journey as I can really relate to them, address any of their concerns and hopefully inspire them to reach their potential. Thinking up creative ways with my fellow STEP leaders to keep 7S engaged and playing games with them has certainly been one of the highlights of my year so far. We have had oodles of fun (even at our expense...only kidding) playing a Kahoot with fun facts about us as their STEP leaders, creating a Spotify playlist and a sticky notes game.

I am looking forward to getting to know each of the students better in future meetings through interactive activities, creating long-lasting bonds.

Jessica Lee | Year 11



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MIDDLE SCHOOL REPORT Cont.

Working with year 7's is amazing! So much for them to learn as they begin of their high school journey. Helping them out and running activities in their tutorial classes to best assist their transition to high school is a great way for us to connect! Recently, we have been running activities and tasks to support their understanding of high school and its requirements, expectations and habits that will ensure their success. Throughout the rest of the year, I am most looking forward to seeing them positively advance into high school, be there to teach them and most certainly having fun with them!

Kiki Fezollari | Year 10

Middle School Student of the Week: Term 1 Week 6 - 7

The Middle School Student of the week is an award given to students for their positive contributions to the Balwyn High School community. This award is decided by the relevant Student Learning and Wellbeing Managers (SLWMs). The students are celebrated by an email to their families, outlining the specific contribution they have made. Well done to all of the students who have received this award. The winners for week 6 and 7 of Term 1 are below:

Year 7



Tiffany



Saina



Emma



Ashley

Year 8



Joshua



Burhan



Joshua

Year 9



Ryan



Joy



Thomas



Sara



Rafael

Chris Land | Director of Middle School Sylvie Tang | Assistant Director of Middle School







Dani Cantor
Director of Senior
School Wellbeing



Sharon Gardner-Drummond Director of Middle School Wellbeing

STUDENT SERVICES

Learning To Live Together

Parent Coffee Catch Ups

We had a small and interested group of parents and carers for the first of two Term 1 catch ups on Wednesday March 8th. Erin Shale spoke about careers and supports for students for course and career selection over the course of their final year of school. Year 12 Student Learning and Wellbeing Manager, Viet Bui also spoke about the levels of support available to Year 12 students.

Sessions for Year 7 Parents and Carers commence on March 22nd and runs from 9:00am until 10:00am. Enter via the driveway at 43 Moody Street.



The club formerly known as....

In response to student feedback, the club formerly known as Spectrum has been renamed Skittles. This new name aims to foster a greater sense of inclusiveness, particularly for the neurodiverse members of our school community who found the previous name negatively connoted and consequently exclusionary. We believe that our rebranding demonstrates our commitment to inclusivity and psychological safety.

We meet every Tuesday lunchtime in H02 (behind the House) and if you are a member of our school community who identifies as LGBTQIA+ or an ally, we would love you to join us. Bring your lunch and enjoy the company!









STUDENT SERVICES Cont.

Respectful Relationships

New Study Shows That Increased Empathy Reduces Bias-Based Cyberbullying in Young People

A new study conducted by Florida Atlantic University in collaboration with the University of Wisconsin-Eau Claire has shown that within a sample of 1,644 12 to 15 year olds from across the United States, "those higher in empathy were significantly less likely to cyberbully others in general, and cyberbully others based on their race or religion. The higher a youth scored on empathy, the lower the likelihood that the youth cyberbullied others."

This is an affirmation of the wisdom behind our school theme for 2023, 'Empathy, Belonging, Connections'. It also reminds us that we need to work to explicitly teach empathy to our young people and those in our care both at school and at home. Our recent Empathy Week activities were an initiative in this direction and the Student Services Team will continue to provide support and opportunities for all students to develop their empathetic abilities.

The Vulnerability of Being Sorry

Saying I'm sorry is a vulnerable place. We have to admit that we were not perfect. We have to disclose that we made mistakes.

Sometimes we try to justify our actions so we do not have to apologise because it feels too vulnerable. Sometimes, even in a relationship where we wan to be vulnerable and close to someone, we default to not apologising—sometimes out of habit.

Apologising and listening to someone's anger is uncomfortable. But our relationships are more valuable than the temporary discomfort of people processing disappointment.

If we want a relationship to grow, we—the one who erred—need to own the mistake and the apology, no matter how uncomfortable it feels. Without the apology, it's one more brick in the barrier to growing closer in a relationship.

We all know people that never say I'm sorry—it just feels too exposed. Alternatively, they may feel beyond reproach.

Waiting for an apology can cause a relationship to feel like it is hanging in midair, waiting to get grounded. But apologizing as a way to end a conversation won't work either.

Some people will use our apology against us—so we keep ourselves safe by not apologizing. It can take a toll on how we feel about ourselves though.

Another issue is over-apologising. Saying things like "I'm sorry to bother you" instead of "Do you have a minute to talk?" can be a sign of our sense of self-worth or the habits we developed when we weren't confident. Findings show that women report offering more apologies than men, even though there is no evidence that women create more offenses than men.

For women, over-apologizing can be just a matter of learned language. But apologising for taking up space when someone else bumps into us, or apologising for being late rather than thanking people for waiting for us, or apologising just for saying no when someone crosses our boundaries, can be a sign of self-worth challenges.

If we listen to ourselves apologise repeatedly, we literally talk ourselves into low self-worth.

Psychotherapist Sara Kubric says that a genuine apology is more than a statement. It has to be sincere, vulnerable, and intentional. She offers an apology recipe that could look something like:

- 1. Taking responsibility for making a mistake
- 2. Acknowledging that we have hurt someone
- 3. Validating their feelings
- 4. Expressing remorse
- 5. Being explicit about our desire to make amends

Adapted from Nancy Candea's article at https://tinybuddha.com/blog/everything-im-so-so-sorry-about-and-why-i-think-apologies-are-hard/





STUDENT SERVICES Cont.

Cultural Diversity Week Events

Multicultural movie festival

Tuesday 14 March - Friday March 17th, 4:00 pm - 6:00 pm

Free

Boroondara Youth Hub. Level 1, 360 Burwood Road Hawthorn VIC 3122

Cultural Diversity Week celebrates identity, influence and stories from diverse communities.

Join us as we host a 4-day movie marathon showcasing talent and stories from around the world! Light snacks and movie title available on screening day.

For young people aged 10 to 25.

Boroondara Youth Hub is a safe, inclusive space for young people from all communities.

Cooking up Culture in Boroondara with Swarna Amarasingham

Thursday, March 16th, 6:30pm - 8:00pm

Free

Balwyn Community Centre, 412 Whitehorse Road Surrey Hills VIC 3127

Celebrate Cultural Diversity Week in Boroondara with our Cooking Up Culture series.

Learn how to make Pol Roti (coconut flatbread), a quintessential Sri Lankan Dish with Swarna Amarasingham.

Swarna will show you how to make this delicious Sri Lankan staple in a step-by-step demonstration, which you can sample afterwards.

Register at:

 $\underline{https://www.eventbrite.com.au/e/cooking-up-culture-in-boroondara-with-swarna-amarasing hamtickets-504135652307? aff=ebdssbdestsearch$

Cooking Up Culture in Boroondara with Yacob Manuhua

Friday March 24th, 12:00pm - 1:30pm

Free

Boroondara Youth Hub, Level 1, 360 Burwood Road Hawthorn VIC 3122

Celebrate Cultural Diversity Week in Boroondara with our Cooking Up Culture series.

Papeda is one of the staple foods in Indonesian cuisine, also known as Sago Congee or Bubur Sagu originating from Eastern Indonesia and Papua New Guinea.

In a step-by-step demonstration, Yacob will show you how to make this delicious dish. You will have the opportunity to sample the amazing flavours for yourself and talk about your favourite recipes too. This is a free event, but registration is essential, so make sure to book your place today.

Volunteer information session: Why volunteer?

Tuesday March 28th, 4:00pm - 5:30pm

Free

Online via Zoom

Join Volunteering Victoria and the Boroondara Volunteer Resource Centre to learn about:

- What volunteering is, including the legal difference between employees and volunteers
- Different volunteering opportunities
- How to find the right volunteer role for you
- Your rights and responsibilities as a volunteer
- Where to go for support and information about volunteering.

During this information session, you will also explore:

- The impact you can have on the community through volunteering
- What volunteering can bring to your life and your career.

This information session is supported by the Victorian Government.

Register at https://volunteeringinfosession.eventbrite.com.au/

Dani Cantor | Director of Senior School Wellbeing Sharon Gardner-Drummond | Director of Middle School Wellbeing



ISSUE 4 | 16 MARCH



Teaghan GibsonDirector of Music



Melanie White
Assistant Director of
Music



Emily Caracella Assistant Director of Music

MUSIC

Learning To Live Together

What an exciting two weeks we have had in Music! From first rehearsals, to engaging the school community with music at our House Swimming Carnival and opening our performance calendar with Gala Soiree. The opportunities for connections to be made, nurtured and fostered through music have been many and rich.



2023 Music Captains: An introduction

In this edition, we get to meet the other half of our Music Captain Team – Douglas Joshi and Amy Lin.

Hello everyone! I'm Douglas, and I'm one of your Music Captains for 2023. Having practised the cello

for just over 10 years, I've deeply enjoyed contributing to Balwyn High School's music program since joining in 2019. Currently, I'm a member of Senior String Orchestra and the String Quartet and am strongly looking forward to this year's Presentation Night Orchestra. Meanwhile, in a solo context, I love to play works from Romantic composers such as Chopin or Tchaikovsky.

However, I believe music is not only an art form, but an unparalleled opportunity to make new connections, whether in class or in orchestra. Since joining the



program, I've met so many people from all across the school and made many new friendships. As Music Captain, I look forward to continuing to encourage more students to be involved in a wide range of capacities, whether in learning a new instrument, joining ensembles, or visiting our stalls at school events.

As I make my way through my final year, I look forward to further music-making in rehearsals and concerts, as well as meeting so many new musicians!

Douglas Joshi | Music Captain

Hello! My name is Amy, and I am one of your Music Captains this year. I am currently taking singing lessons at school, and I have been playing the piano since I was about 7 or 8 years old.

I find music to be a very special thing; special for everyone around me and for myself — a lot of us enjoy it through performing or listening... or even both! Personally, music has been one of the most lifechanging aspects of my life. I started to learn how to play the oboe and violin in Year 7.







CALENDAR OF EVENTS

Friday 5 - Sunday 7 May Generations in Jazz Festival Mount Gambier

Tuesday 16 May Autumn Concerts 1 & 2

Thursday 18 May Autumn Concerts 3 & 4

MUSIC Cont.

It gave me the opportunity to collaborate with my peers and bond with my teachers, allowing me to build meaningful connections.

The music program at our school has enabled me to develop more refined communication skills, which has encouraged me to be more open and sociable. There are countless benefits that you can gain through studying music, such as making new friends and increasing your concentration levels. It can also support you in regulating your emotions as it is an outlet for expression.

When you become a music student at Balwyn High, you get to engage in very exciting and eye opening experiences with our close-knit community, so don't be afraid to step out of your comfort zone and pick up an instrument, whether that's the triangle or the double bass!

Jiayi (Amy) Lin | Music Captain

Reflection: Gala Soiree

Last Tuesday 7 March we opened the Music Calendar for 2023 with our wonderful Gala Soiree. What an evening! Showcasing solo and small ensemble performances, the audience were certainly treated to an evening of fine music from talented and committed musicians from within the Balwyn High School Music Program. Following the performances, the audience were invited to join us in a wonderful champagne supper provided by our powerhouse Parents and Friends of Music committee.

One of the most wonderful parts of the evening was watching our student performers be congratulated and honoured by their families, friends, teachers and by those in the audience who just truly appreciated the wonderful preparation, commitment, and dedication shown through their music.

Congratulations to all students who performed at this marvellous event, and to our Alumni performers Hiu Sin (Hillary) Cheng, Tommy Harvey, Luke Jiang, Kai Arai, Samuel Hajis and Henry Law, for maintaining their connection with the Music Program and sharing the joy of music-making with us, with the support of Alex Hiew and Mal Sedergreen.



Performing at the Gala Soiree was a phenomenal experience. It allowed me the opportunity to showcase and share my passion for violin music. The best part about performing was playing in front of a live audience and feeling the adrenaline and thrill that is associated with a performance. Through this experience, I learnt about how to engage with the audience through creativity within the phrasing in my piece, and importantly, I learnt about the mindset and focus required for a nuanced performance.

I am proud of my performance to the audience, and for maintaining musical integrity, despite the adrenaline rush. As I prepared for the performance, I made sure to listen to recordings and practice diligently. As I prepared to walk on stage, I collected my thoughts, and nerves before walking onto the stage ready to indulge in the moment of performing my music. Overall, Gala Soiree was an incredible and memorable experience.

Ryan Jiang | Year 11 student

Playing at the Gala Soiree was an eye-opening experience. As a musician, I really appreciated having the opportunity to socialise with many talented musicians and performers. During the evening, I remember being engulfed by anxiety and nerves but, the feeling of accomplishment quickly took over as I neared the end of my performance. Although performing in front of a large audience was something I had done before, dealing with my nerves was no easy feat. Listening to my peer musicians' experiences really helped me build my courage and confidence to perform.





MUSIC Cont.

The best part of the night was the champagne supper where I was able to proudly reflect and acknowledge my performance with parents, teachers, and friends. Overall, the Gala Soiree was an inspirational and honourable event that allowed me to share my artistry along with many other talented musicians to the community of Balwyn High School.

Martin Tran | Year 11 student Teaghan Gibson | Director of Music



Spotlight: First Rehearsals

In Week 6, we welcomed the beginner String, Brass, Woodwind and Percussion students to the Ensemble program with the commencement of rehearsals for Training Concert Band and A Strings. These rehearsals are a vital part of learning an instrument and introduce the students to a range of new instrumental skills, while creating a fun, social, and collaborative environment to learn.

Below are some reflections from students on their first rehearsal, as well as from one of our senior volunteers, who came in bright and early to support the new students:

When I arrived for my first ensemble lesson, I instantly recognised some familiar faces which helped me feel comfortable. Once I got settled in, the teachers began running us through some different activities to help us learn our notes. We began practicing a duet with our stand partner which we learnt at a comfortable pace. By the time the lesson had ended, I felt so much more confident and was looking forward to the next session so we could practice bowing.

Lavanya Rajesh | Year 7









MUSIC Cont.

We had our very first Training Band rehearsal last week. There were about 60 of us gathered together, bright and early at 7:30am on a Monday morning. Most of us had never played in a band before and were a little nervous as we didn't know what to expect. Mr Howes, the band director, had created a seating plan so we all knew where to sit. The first piece we played together was called 'The First Note'. I must admit, although it wasn't perfect, it was really exciting hearing all the different instruments, over 10 different types, and their varying parts come together for the first time. We played a few more songs together and each time we got a little better at playing in unison. Mr Howes congratulated us on a good first rehearsal. I am really looking forward to getting to know the other band members and excited to see the music we will be able to make together over the year.

Sitara Devadason | Year 7



Symphonic band is hard. Very hard. The collaboration it takes to master a piece together is hard, and it reminds me of how I ended up in Symphonic Band. 4 years of practice and music lessons trained me to be a better solo player. But a better team player? I'll have to thank Training Band for that.

Four years ago, I woke up early on a Monday morning, packed my bag with my flute and Essential Elements book and made my way to school. I was welcomed into a foyer filled with chairs and music stands. Mr Howes introduced himself and we played our first note together. To re-live that 4 years later, with a group of students all excited and keen to learn their instruments was a breath of fresh air. I remember trying to figure out where my fingers go, and how to read this whole new language, but I did it, and 4 years later I'm sitting amongst the best in the school. To sit with a group of sixty to seventy kids, most in year 7, and watch them awkwardly yet determinedly navigate themselves around how to play in a band took me back to that Monday morning and I can't wait to see their progression throughout the year.

Dionysi Bishard | Year 11

Emily Caracella | Assistant Director of Music – Ensembles



ISSUE 4 | 16 MARCH



Shaun Bowes Director of Health, Outdoor, Physical **Education and Sport**



Paul Mirabella Assistant Director of Sport



Dusanka Devic Assistant Director of Health and Physical Education



Tim Richardson Assistant Director

Outdoor Programs

HEALTH, OUTDOOR, PHYSICAL EDUCATION AND SPORT

Learning To Live Together

House Swimming Carnival

The annual House Swimming Carnival is one of the most exciting days on the school calendar, and once again, it was a very successful day with many students engaging in the activities on offer.

It was fantastic to see the Year 12 students dress up and parade around the pool, get involved in novelty activities, and engage in the carnival for the last time. I'd like to congratulate the Year 12 Sport Captains and House Captains for supporting their cohort and encouraging their peers to participate in events.

The diving pool was very popular with many students either competing in the bombing competition or cheering on by the side of the pool. Students were able to jump from the 1m, 3m and 5m platforms, and it was great to see so many students tackle their fear of heights.

During the day the novelty pool featured water-based volleyball, bodyboard races and other house relays. It was great to see so many students get into the learn to swim pool, even if they weren't going to compete in the main pool events.

The aquathon saw teams of six (three swimmers, three runners) compete in a tag team relay at the end of the day. Churchill came out victorious taking 1st and 3rd place, with Windsor finishing 2nd in the event.









Students were highly engaged in other activities on the day including Battleball, outdoor Volleyball and the clubs and committee stalls. Students were able to apply zinc of their house colour, get their face painted, compete in a recycling throwing competition, play giant connect four, and do a lot more.

It was amazing to see so many students and staff dress up in their house colours and get involved in the House spirit. I would like to congratulate Churchill house for winning the 2023 House Swimming Carnival for the first time since 2000! The below results are inclusive of all events held at the carnival. Final Scores:

- 1st Place Churchill (632 points)
- 2nd Place Strathmore (492 points)
- 3rd Place Windsor (477 points)
- 4th Place Edinburgh (471 points)





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CALENDAR OF EVENTS

Friday 17 March Senior Boys Tennis Region Finals

Monday 27 March Intermediate Boys Volleyball Region Finals

Tuesday 28 March Region Swimming Finals

Wednesday 29 March Year 7 Round Robin

Thursday 30 March House Athletics

Tuesday 4 April Senior Round Robin

Tuesday 4 April Chess Tournament

HEALTH, OUTDOOR, PHYSICAL EDUCATION AND SPORT Cont.

The main pool featured competitive swimming races with many tight races capturing the audience's eyes. It is with pleasure to announce that 12 records were broken on the day. Congratulations to Sharna McClure who broke 3 records, Stella Seo and Allan Liang who broke 2 each, and Alfred Han, Daniel Nguyen and Karma Fahmy who broke 1 record.

Congratulations to the following Age Group Swimming Champions. The champions are based on the number of points gained in individual swimming events.

AGE GROUP	STUDENT NAME	HOUSE
12-13 Years Female Champion	Karma Fahmy (58 points)	Churchill
12-13 Years Male Champion	Alfred Han (58 points)	Edinburgh
14 Years Female Champion	Stella Seo (38 points)	Windsor
14 Years Male Champion	Terence Tang (42 points)	Churchill
15 Years Female Champion	Kaleisha Yu (34 points)	Churchill
15 Years Male Champion	Lucas Campbell (28 points)	Windsor
16 Years Female Champion	Sherelle Chew (48 points)	Churchill
16 Years Male Champion	Mohammad Fahmy (44 points)	Windsor
17 Years Female Champion	Arabella Lesmana (46 points)	Churchill
17 Years Male Champion	Alexander Macrae (48 points)	Churchill
18-20 Years Female Champion	Sharna McClure (60 points)	Strathmore
18-20 Years Male Champion	Allan Liang (50 points)	Windsor

Interschool Sport

I would like to congratulate the Senior Girls Cricket and Senior Girls Tennis teams for representing the school at the Eastern Metropolitan Regional finals. Congratulations to Paul Mirabella, Eddie Roscoe, and the cricket girls for finishing Runners up! Thanks to Dusanka Devic and Daniel Pham for taking the Girls Tennis team out. Unfortunately, the tennis team didn't win their one game, however, they represented the school with pride and should be commended on their positive attitude.



Year 7 Interschool Sport has begun, with the Year 7

Boys Cricket team representing Balwyn High School for the first time. Unfortunately, the boys will not advance to the next round, however, one of their Student Learning and Wellbeing Managers, Shannon Blewitt complimented the boys on their participation throughout the entire day. Thanks to Brett Hobbs for convening the day and ensuring that the day ran smoothly.

House Athletics Trials

Please be aware that due to large participation numbers for Athletics, we are required to conduct trials for the Track and Field events that will run at the House Athletics Carnival on the 30th of March. This is a requirement for any student that wants to advance to the Division, Region, or State meets. The trials are conducted in age groups (12-13 years, 14 years and 15 years) and are only for the ones listed. This is the age that students are on the 31st of December this year. Students are required to check the schedule carefully to ensure they don't miss out on the opportunity to compete at the House Athletics Carnival. Students are required to bring appropriate footwear for the trials.





HEALTH, OUTDOOR, PHYSICAL EDUCATION AND SPORT Cont.

If students do not have PE/Sport Education on the day of the trials, then they must change into their full school uniform after the trials.

Outdoor Programs

One of the Unit 1 & 2 Outdoor and Environmental Studies classes attended a Surf Camp down at Phillip Island to explore the motivations people have for seeking outdoor experiences and to analyse how people respond to outdoor environments and conditions. Students received instructional sessions, participated in environmental activities in different areas of Phillip Island, learnt about the shaping of surfboards from a former professional surfer, and explored Churchill Island.







Victorian Interschool Snowsports Championships

Students that are interested in competing at the Victorian Interschool Snowsports Championships (23-27 August) should contact Nicole Stephens via email nst@balwynhs.vic.edu.au. Expressions of interest are open to all skiers and boarders that can make it down a run in one piece.

Shaun Bowes | Director of Health, Outdoor, Physical Education, and Sport

Chess Club

Balwyn Chess Club started the Chess calendar year with a stellar victory at the recent tournament hosted by Glen Eira College. Scoring a total of 29 points, we obtained 1st place in the state, qualifying Balwyn for the zonal finals for the fifth consecutive time. Star players of the day included Jesse Zafirakos and Malhaar Mehta, who obtained 1st and 2nd individual highest scores respectively. They were wonderfully supported by Sean Hawkins who also obtained equal 3rd individual highest score. Well done team!





Term 1 promises to be an exciting time for chess, with further upcoming tournaments scheduled at:

- Tuesday 4 April at Brighton Grammar
- Friday 31 March at St Michael's Grammar School

We look forward to another promising showing from all our players. Chess Club will continue to be open every Tuesday and Wednesday lunchtime. All players are welcome.

Cemil Ozcitti | Chess Teacher







Simon Maher **Director of Mathematics**



Director of Science



Amanda Clarke Assistant Director of Mathematics and Science

MATHEMATICS & SCIENCE

Learning To Live Together

Building a cell model in Year 8 Science

In Year 8 Science, students have been studying a unit on Biology. They have been learning about the fundamental unit of all life, the cell. Year 8's learnt about the cell theory and what constitutes life. Students compared different types of cells for their complexity and investigated the functions of their organelles, the tiny nano-sized structures inside cells that allow them to perform their metabolic functions. In this task, students applied their STEAM skills to create a 3-dimensional model of the cell to represent their biological understanding. Students had to work together in collaborative teams to achieve the task of creating an accurate representation of a eukaryotic cell. An essential part of the lesson was the opportunity to give and receive peer feedback in order to improve in their work. Below are some reflections from our Year 8 students.

Deanna Pattison | Science Teacher

Building a 3D model of the cell was really fun as we worked together as a team and got to know each other better while doing this project. Me and my group split up tasks and had one specific role for each person, we did this as it is the most efficient and effective way to get the best result. We may have underestimated the time and rushed a bit toward the end, but the overall result was better than we expected. While doing research, we found out more indepth information about the organelles and their specific roles. Overall, this project was one of my favourite science lesson as we got to learn something and have fun!



Jana Abu Shaqra | Year 8

The recent task of creating a 3D model consisted of creating, naming, and colouring the different organelles of the cell had many challenges for my team (myself, lan Chang, Alexi Corvetti and Ethan Evans) to face. These challenges were finding out how to make the base structure of my cell, finding

the suitable materials for the assignment, and trying to find out what we were going to do with the number of polystyrene balls we had. We originally didn't know where we were going to place all of our organelles. This problem was solved by using one of the lids of a container that held a material as our base. Of course, we had to wait until all of that material was gone before using the lid but after that, we had a base. I think something that went well with our group was that we were able to get all of the organelles on the model and were

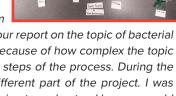


able to create a table for it. Something that we could have improved on was making sure that we had all the organelles on the model as I forgot to add an organelle to the table which was all our feedback. I am very proud of the model and how we were able to work as a team to complete the assignment in the one lesson we had.

Harold Yong | Year 8

Over the last few weeks, I've been learning a lot about cells and the ways that they work in our body. It was a really enriching experience that greatly expanded my knowledge of the topics that affect every living thing. To wrap up our unit on cells, we were asked to create a 3-dimensional model of a type of cell. The scariest part of the project was that we had to create the whole model in just one lesson.

Because my group (Robert McLachlan, Beatrisha Hong, Tabitha Lim



and I) wanted to do a more challenging topic, we decided to make our report on the topic of bacterial cell division, which is the process by which bacterial cells divide. Because of how complex the topic was, we had to create several models which showed the different steps of the process. During the class, we delegated out positions, each person in charge of a different part of the project. I was given the role of researcher and over the weekend, I spent hours trying to understand how we could effectively build the model with the resources that we had access too.





MATHEMATICS & SCIENCE Cont.

Finally, it was time to build the model. Our group worked quickly and efficiently, and to our delight, all of our group members were able to get the resources from home that we needed (My contribution was stealing my sisters Play-Doh). We used takeaway containers to form the capsule of the cells, and used other materials, such as pipe-cleaner, to create other parts of the cell. With all of the planning that we completed beforehand, my group was able to finish earlier than we expected, and we were able to add a significant amount of detail to the models. Overall, it was an incredibly enriching experience for me, and it really helped consolidate my understanding of the topic.

Arya Iyer | Year 8

Changes to NAPLAN

NAPLAN, The National Assessment Program – Literacy and Numeracy (NAPLAN) assessments happen every year. Students in Years 3, 5, 7 and 9 are tested on the fundamental literacy and numeracy skills. NAPLAN is a national, consistent measure to determine whether or not students are meeting important educational outcomes. The benefits of NAPLAN include are the ability to track learners from different schools and/or socio-economic groups, over time and across the different states in Australia, as well as an individual report for parents.

Parents and carers may have heard media reports recently indicating that a number of changes are occurring to the NAPLAN this year. You may be wondering what these changes are and how they will affect your child. Below is a summary of the changes to expect this year.

The first change is that NAPLAN is happening much earlier this year. This will allow both the school and parents to obtain data much earlier. Students' individual reports are expected to become available in July 2023. In addition, the test will be entirely online. The purpose for this is to allow for adaptive tests so that students can be tested across a broader range of items based upon the skills that they have demonstrated in the test.

Another change which has drawn considerable debate in the media is the change to the reporting of NAPLAN where students' results. Results will now be reported against four levels of achievement instead of the existing ten "proficiency bands". These new levels are "exceeding", "strong", "developing" and "needs additional support". For parents, the changes mean that it will be easier to identify whether your child is meeting or exceeding the national minimum standard or whether they require more support.

All of the changes to NAPLAN were agreed to by each state education minister in Australia.

The more important consideration is not the test itself but how the teachers use the data obtained from NAPLAN to support your child. At Balwyn High School, the school already obtains detailed question by question analysis for each NAPLAN test for each child. A series of different kinds of NAPLAN generated data summaries are available for all teachers. This allows for trend identification and comparison with other data types used within the school including PAT testing, Victorian curriculum assessment, learning checks and everyday numeracy tasks performed in the classroom. Data is analysed by teachers in a variety of ways, individually by teachers to plan for differentiation in their class, with a learning specialist to better understand the impact of classroom interventions, as a subject planning group during curriculum and assessment meetings, during Mathematics and English and other learning area meetings to measure improvements in our teaching program over time and importantly by the school to set the strategic direction for the future. An example of this is the school wide numeracy program that I wrote about in our previous newsletter.

NAPLAN is an important measure of student achievement, but only one the many data sets used by the school to develop our teaching programs and to differentiate for our students. Data supports us to understand our school community and to develop programs to ensure that our children have the best possible learning environment and educational opportunities in our classrooms.

Simon Maher | Director of Mathematics Rikara Ahmat | Director of Science Amanda Clarke | Assistant Director of Science and Mathematics



ISSUE 4 | 16 MARCH



Ramona Tilley
Director of Visual Arts

VISUAL ARTS

Learning To Live Together

Art Club report

Our latest lunchtime session was inundated with over 30 students. They were from a range of Art

and VCD classes. The aim of the club is to support our wonderful students with a place where they can come to create or complete artworks and designs. They included Year 7 and 8 Art students and Year 9, 10, and 11 Visual Communication Design students. It's great to see the various age groups work so well with each other and support one another.

We try to create a welcoming atmosphere where students feel safe seeking support, artistic advice and constructive feedback. Our aim is to encourage and support students to take risks in their development of techniques and skills and use experimentation to develop their intrinsic artistic creativity.



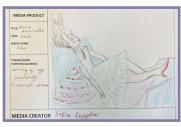


Marie Grant and Susanna Palermo | Art Club Teachers

Classroom focus: Year 11 Media

To celebrate International Womens' Day the Year 11 Media students created a postcard focusing on a female media creator of their choice. The postcard included key information about a selected product, alongside an illustration representing their work, for example a film poster, still, or photograph. The students had fun researching and completing the task, as well as discovering and discussing media productions from creative and inspiring women.

Ramona Tilley | Director of Visual Arts











Report on the Visual Arts Society at Swimming Sports:

At Swimming Sports, the Visual Arts Society hosted an origami boat race. Many people came and tackled the technical challenge of creating their own origami boats and other cool trinkets. The variety of colour and persistence shown was uplifting and exciting to see. To take the art of origami to the next level, we launched them into the novelty pool with the objective of seeing which boats could stay afloat the longest and go the farthest. After a myriad of splashes, cheers and big contests, it was clear who was the winning origami creation. A big congratulations to Shanisha from Strathmore who won 1st place with her purple water lily and special thanks to everyone who participated!

Angelina Kwok | Visual Arts Captain Lucy Mackie | Visual Arts Captain



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VISUAL ARTS Cont.







Report on the progress of the Wellbeing Tree project

Last Tuesday at Arts Society, we worked as a club to assemble the papier mâché Wellbeing Tree. We split up into 2 groups. The first group was in charge of tearing up the paper into little strips and gluing it down using a special type of glue powder mixed with water (to create glue), and the other team was responsible for painting the trunk of the tree, using dark brown paint mixed with some water, to reduce its thickness.

This was a very fun experience, as we got to work with like-minded people that we shared the same ideas with. We got to meet a lot of new people from different year levels, while creating this papier mâché tree. If you would like to join the fun of designing this wonderful Wellbeing Tree, come along at lunchtimes on Tuesdays in U08, to join the Arts Society and keep an eye out on Compass Newsfeed for any other notifications. We hope to see you there!



Shanisha Rajmohan and Senuli Wijayabandara | Year 8 Visual Arts Committee Members













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Jane Gibson
Director of Humanities



Phoebe Hutson
Assistant Director of
Humanities and English

HUMANITIES

Learning To Live Together

Happy International Women's day!

On Wednesday 8 March Balwyn High School celebrated International Women's Day. This year's theme is 'Cracking the Code: Innovation for a gender equal future'. This theme highlights the role that transformative ideas, inclusive technologies, and accessible education can play in combatting discrimination and the marginalisation of women globally.



Globally, there are around 250 million fewer women online than men.¹



Innovations from a team that include at least one woman are proven to be more economically valuable and have higher impact than those with only men involved.³



There are approximately 327 million fewer women than men that have a smartphone and can access mobile internet.²



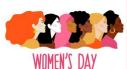
When Computer Science degrees were first offered in the late 1960s, the gender mix was about equal. Now, women only make up 21% of tertiary graduates with a STEM-related degree in Australia.⁴

To celebrate all Humanities lessons in the first week of March included a micro lesson on the UN theme and encouraged students to reflect on inspirational women in their lives.

Think Pair Share

- ★ Think-Pair-Share:
- identify one inspiring woman you know personally (in your homelife)
- one inspirational woman in the public domain (celebrities, politicians, artists, sportspeople etc)

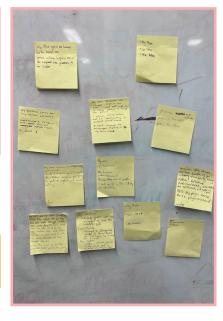




★ Why do they inspire you?

Figure 1: Excerpt of Humanities micro lesson to celebrate the women in our lives who inspire us

Figure 2: Students collated their results on post-it notes, naming many of their teachers and principals as inspirational



Thank you to all the passionate humanitarians at BHS who continue these conversations and advocate for women and girls. Happy IWD to all!

Find out more via: https://unwomen.org.au/get-involved/international-womens-day/

Jane Gibson | Director of Humanities



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Amy WoodDirector of English and
Literacy



Phoebe Hutson Assistant Director of Humanities and English

ENGLISH

Learning To Live Together

Activities in Year 12 EAL

An incredible opportunity arose on the 28th of February for Year 12 EAL students to meet the author of a novel we are currently studying. Toni Jordan, the author of the beautifully written historical fiction novel based in Melbourne, "Nine Days", presented us with a glimpse into the creative process behind the development of her novel, exploring the creation of the characters, themes, and the literary and textual features of her text. Throughout this incursion, attendees gained valuable insight and knowledge of the text. This complements the activities we have been completing in class and will support us with our future study of the novel.

Shannen Yeap | Year 12









Amy Wood | Director of English and Literacy Briallen Darlow | English and EAL Teacher



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Rosie Hilder
Director of Student
Leadership/Voice

STUDENT LEADERSHIP AND VOICE

Learning To Live Together

The Student Representative Council, brilliantly supported by liaison teachers Katie Jones and Bruce McLaverty, held their annual Training Day on Friday 3 March and it was an outstanding success. The event was held at the North Balwyn Uniting Church, and the 52 newly elected SRC students had the opportunity to participate in a range of leadership building workshops facilitated by the SRC Presidents, Fearghas and Emma, and SRC Executive Team, Ain, Piera, Yvette, Zainab, Reeba and Angelina. There was a fantastic buzz amongst the students throughout the day, and a strong sense of team building and collaboration in the group was established. I would like to thank the SRC Executive Team for their meticulous planning, and to Katie Jones and Bruce McLaverty for their ongoing support and expert guidance. I have included a reflection from Emma of the day, and some selections from Fearghas' speech at Training Day below.





On Friday 3rd of March, the fifty-two members of the Student Representative Council (SRC) participated in Balwyn High School's annual SRC Training Day. The day included opportunities for students to build connections with each other and enhance and develop their leadership skills, through a variety of team-building games and activities. Additionally, SRC Executives ran demonstrations on the barbecues, in order to prepare for the SRC events throughout the year, especially the upcoming Athletics Carnival. As per tradition, each group prepared and choreographed impressive dances to perform to their peers. Overall, we hope that amidst the electric atmosphere, everyone was able to have a taste of what being part of the SRC in 2023 will be like — a formidable team working together to deliver for our school community! A huge thank you to our incredible SRC Executive Team, for facilitating and leading groups and events throughout the day, and to Ms Hilder, Ms Jones and Mr McLaverty, whose support and guidance helped us to plan and run the day.

Fearghas Bennett | SRC President





Although the growth of the school is a core aspect of student voice, the development of leadership skills in our students is also a key element of what defines the student voice program at Balwyn. The 2023 Student Representative Council has already overseen activities across multiple events in the term, and we have now welcomed our newly elected year seven representatives to our team!



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STUDENT LEADERSHIP AND VOICE Cont.

SRC Training Day has historically been an opportunity to not only to set expectations and teach core skills to new and returning members, but also to foster connections between our representatives across the school. In establishing these connections, we encourage students to grow their communication skills and be open, confident and collaborative thinkers. At Training Day, we achieved these goals by running several group games, collaborative activities, and preparations for future events, namely our annual Carnival Day fast approaching in early term two. We hope that every student at Training Day learnt or honed leadership skills, and we look forward to working with each other and the wider school community. Make sure to drop by the SRC barbeque on athletics day in week 10 to see our SRC team in action!



Emma Ho | SRC President

The Swimming Carnival was also a huge celebration of the wonderful clubs and committees that we have on offer at Balwyn High School, and the SRC, Social Justice Committee, Environment Club, Wellbeing Team, International Student Program, Library Committee, Art Society, Public Speaking/Radio Club, STEAM Club, Music Captains and House Captains all hosted engaging activities on the day. Please see below a range of photos from the day.











Rosie Hilder | Director of Student Leadership and Voice







STUDENT LEADERSHIP AND VOICE Cont.

House Photography Competition

Over the past few weeks, the House Captains ran a House Photography Competition which involved students taking a photo in the theme of their 'house' colour. Students then voted for their favourite photo. Please see the winning photos below which a description about the photo from the student.

I was aiming to capture the sight of many different islands, and the dark blue water and bright green islands just completely caught my eye. I used a DJI Mavic Mini 2 to take the photo.

First Place - Aston Bell (Edinburgh)



I was inspired to take this photo because I have a great passion for astrophotography. I took the photo at night on a clear sky so that I could capture the detail of the moon. For the photo I took I used a Canon 650D with a 100mm lens.

Second Place - Binuk Sathurusinghe (Strathmore)







STUDENT LEADERSHIP AND VOICE Cont.

I love taking pictures of flowers and nature so one day when I was out for a walk with my family, I just happened to click this photo. I used the Samsung Galaxy S10 5G. I didn't do any editing in this picture.

Third Place - Yash Joshi (Strathmore)



For my photo's I used the Canon EOS RP and the photos are all unedited. I usually take my camera with me most places I go to especially on holidays and at that particular time the sunset was looking amazing with the glassy reflection in the ocean so I had to take a photo of it.

Fourth Place - Amir Khudaie (Windsor)



Paulina Makarova | House Coordinator









Peifang Tammy Li Head of Chinese



Melinda Facey
Head of French

LANGUAGES - CHINESE AND FRENCH

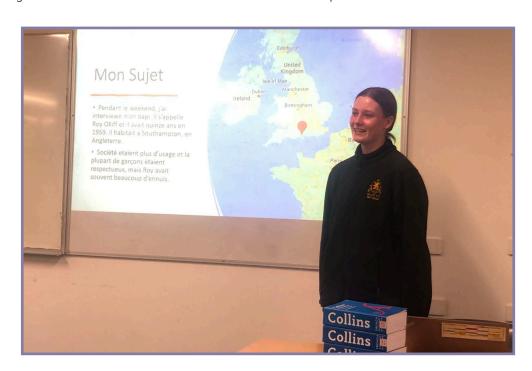
Year 10 French

In week 7, Year 10 French students presented their findings from interviews that they had conducted outside class. Students interviewed a family member or family friend about their childhood, asking questions about what activities they enjoyed, what music they listened to, what they wore and ate and what games they played in order to compare their own memories and experiences.

Students enjoyed the conversations with parents, grandparents and neighbours and appreciated hearing about how they lived when they were younger. Some of the findings were surprising, such as that for some, the food was quite different to what they eat nowadays. The music was very different and even the clothes they wore were different. Many interviewees mentioned that they enjoyed playing board games or cards with their families. We even got to hear some of the music of the past, with Ella Muir playing a recording of a song her grandfather Roy remembered fondly, "Downtown" by Petula Clark.

The final big question was about what life was like before the Internet. The interviewees often said that life was calmer, there seemed to be more time, and communicating with friends meant catching up with them in person and chatting or writing them a letter, rather than texting or emailing. To find out about the world they said they had to go to the library and read the Encyclopaedia and to learn a language they had rely on a paper dictionary.

Congratulations to our Year 10 French classes on their excellent presentations.



Melinda Facey | Head of French





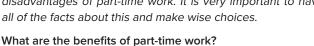
Learning To Live Together



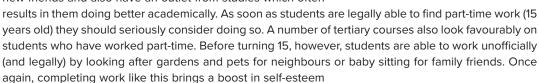
Erin Shale VCE Careers Advisor

Importance of part-time work for students

Students and parents often ask about the advantages or disadvantages of part-time work. It is very important to have



Students who have a part-time job are almost always more confident and more mature. They develop an amazing array of personal, interpersonal, life and employment skills. They make new friends and also have an outlet from studies which often





Melissa Co Years 7-10 Careers Advisor

What are the best part-time jobs?

and many interpersonal skills.

All part-time jobs bring with them the benefits outlined above. Students should always enjoy the work they are doing. If they are bored, stressed or in any way unhappy, they should quickly look for another part-time position. Future employers and tertiary selection staff do not look down on any particular parttime work area. Interestingly, McDonalds is widely considered to be a company with very high standards. Students who



manage to obtain and keep a part-time position at McDonalds are looked at very favourably even by companies looking for your university graduates. But having a work history from a café, Officeworks, Coles or any other company is also very impressive.



Margaret Uren Headstart Co-ordinator

Is there any downside to part-time work?

One mistake that students can make is to devote too many hours to working part-time. 5-6 hours a week is the average time students devote to part-time work, but if a student already has other commitments such as music or sport, this has to be taken into consideration. Studies at school should always be the primary consideration and individual students may like to consult with their SLWMs about their hours of work.

How can students find-part time work?

Students should generate an impressive Resume and then approach businesses in person. The personal approach is always the best. Because our school has such a wonderful reputation, students often wear their school uniform when approaching a potential employer. Many businesses advertise part-time vacancies on their shop windows while others ask students to apply online. Another handy hint is for students to ask family friends or neighbours if they know of any part-time work in their local area.

Finally

It is widely known that all tertiary courses seek students who are confident, able to communicate well and who have a wide range of employment, interpersonal and life skills. So many of these important skills can be acquired and developed through part-time work. Furthermore, students who work parttime often do better academically because they have an all-important outlet from school. They can relax, focus on part-time work for a few hours and forget about studies while making great new friends. It can be a win-win.

Erin Shale | VCE Careers Counsellor



ISSUE 4 | 16 MARCH



Katrina Dawson Head of Library



Kelly Nolan Teacher Librarian

LIBRARY

Australia Reads at BHS

A national day to celebrate reading took place on Thursday 9 March. Australia Reads Day is an event that takes place annually across Australia, where everyone is encouraged to stop and take some time to read. At Balwyn High School, the Student Library Committee and the Library staff invited all staff and students to come together and join in the Australian Reading Hour. The library was open at lunchtime exclusively for readers. Many of the staff and students enjoyed some



relaxing reading in the school's wonderful library. The Student Library Committee also shared some pictures books with the students in the courtyard. Some of the many benefits of reading include developing critical thinking skills, increasing creativity and reducing stress and anxiety. It is also fun!







Library committee activities at the Swimming Carnival

The Library Committee had so much fun at the swimming carnival this year. There were tarot cards reading, quizzes and a little area for everyone to read. Even though there was a bit of rain, that did not damper the committee's fun and so many students visited the stall, whether to have their future told, enjoy the reading area, or try their hand at the quizzes. Some of them even aced the really hard quizzes! It was great to see everyone participate in the stalls and shows Balwyn High's great sense of community.

Celebrating International Women's Day on 8 March

The library recognised the significance of this day with a display of resources about inspirational women - political leaders, sporting superstars, activists and artists to name a few. The collection contains many true stories and nonfiction titles relevant to International Women's Day, covering individual achievements and the history of gender inequality.











Katrina Dawson | Head of Library Kelly Nolan | Teacher Librarian









Jeff Lampard School Chaplain

GENERAL NEWS Cont.

Chaplaincy Second-Hand Uniform Shop News

DO YOU STILL NEED WINTER UNIFORM ITEMS?

Winter uniform is to be worn term 2.

We have hundreds of quality items for sale and new stock arriving weekly.

Only one thursday left to shop this term as we will be closed the last two thursdays of this term, ie. Thursday 30/3 and 6/4.

Come in thursday 23/3 to shop between 3 & 5pm.

We do not refund or exchange so it is essential that students come in to check sizing.

We are situated in the canteen in the science block. Look for our signs.

Hot topics

- Purchase your Year 12 jumpers now before they're gone.
- If you are selected for the school soccer or Australian Rules football teams purchase your long yellow sports socks from us.

Don't forget

SELLING - We can sell your outgrown uniform items for you. Wash or dry clean your items. A bit of TLC will mean they sell faster and for a higher price. No torn, stained or damaged items please (Items we receive that are unsuitable for sale will be discarded without notification). A 'Seller Sheet', available on the website, is to accompany any uniform items you wish to sell. We sell everything from small items like sports caps, scarves and lab coats right up to blazers. You receive up to 70% of the sale price when your items are sold.

BUYING - Hundreds of items for sale and stock changes weekly. We accept cash/cheques and use Square for credit cards, EFTPOS and ApplePay (2.0% surcharge on Square transactions). Changerooms are available for your convenience.

Our full details are on the BHS website. Click on the 'Our Community' tab and follow the links to 'Second-hand uniforms' https://www.balwynhs.vic.edu.au/?page_id=2334#2xu

For more information or to volunteer contact Andrea on 0408 178 341 or at secondhanduniforms@balwynhs.vic.edu.au

Help us recycle and support Chaplaincy at Balwyn High School











Bob Stewart

Kew Store

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GENERAL NEWS Cont.



the queues

& Book your

Uniform

A b bointment

Online

BOB STEWART

are offering appointments for NEW STUDENTS 2023



2. Select the link: BOOK AN APPOINTMENT

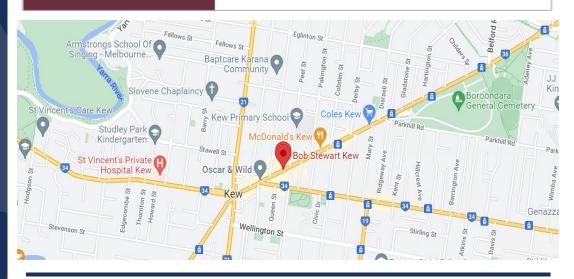
3. Select your preferred date, pick a time and complete the steps as outlined on the booking page. You will receive an email confirmation once the appointment is booked

If you do not require a fitting & know your size, you can order your uniform via the the Bob Stewart website. Use our Click 'N' Collect service or have your order posted to home at a \$10.00 flat rate.

We will happily exchange any uniform item that is unwashed, in original condition and returned with

Appointments will be in November & December 2022

www.bobstewart.com.au







GENERAL NEWS

Learning To Live Together





Bring the kids, bring the dog, bring the shopping list and support our Victorian farmers



Face Painting







Michael the Balloonologist

Mark "King" Casey, the saxophonist



Breakfast and lunch delights

Coffee and cake stall



Come along and join in all the fun!!

Saturday, March 18th, 2023 8:00am – 12:30pm Patterson Reserve, 484 Auburn Road, Hawthorn





